Joint Commissioning Plan for people with Learning Disabilities or Autism 2016-2020

The following commissioning plan is a result of findings from Harrow's Learning Disabilities and Autism JSNA, service reviews, feedback from consultation with users and carers, Winterbourne and Autism task and finish groups' outcomes and legislative and local priorities. This plan will be formally reviewed on an annual basis through out the life of the strategy to ensure it remains relevant and up to date.

Priori	ty	Activity	Measures of success	Lead
Learn	ning disabilities and autism			
1 Imp	prove data recording and collection to	consistently inform service comm	nissioning	
1.1	Ensure data collection and recording are improved to provide more detailed analysis of local needs, In particular improve data collection for children with learning disabilities or autism aged under 5, carers and young people in transition.	Joint working between the Council and the CCG to review and ensure GP data on lifestyle and screening for people with LD can be monitored and compared with the general population	Data collection and recording is improved to provide more consistent reliable data set in particular for children with LD, under 5s, carers and young people in transition to support 'whole life' planning	CCG and LA Commissioners Head of Service for Children and Young Adults 0-25 Disabilities Service and specialist Learning Disability Care.
		Develop mechanisms for the collection of data for children with LD and autism, particularly information governance CCG to under 5s, carers of people with LD and young people in transition to adult services	Service commissioning is consistently based on adequate population data.	CCG and LA
		Ensure GPs record patients with autism and retain a list in their practices Work with GPs to develop a register for people with autism	GP register for young people and adults with LD in place monitored by the CCG Improve health checks and update and share LD register with LA and CNWL	Harrow CCG

		Learning disabilities and autism data is consistently included in Harrow's JSNA and other data sets	Work with Public Health to collect theme areas to capture data that can inform future commissioning	Public Health Commissioners
2. Ide	entification and pathways to support			
2.1	Ensure diagnostic, assessment and integrated care pathways are in place for people with learning disability, autism and complex and challenging needs	 Review pathways currently in place, develop and implement. Ensure easy read versions are available Ensure staff, service users, carers and families are aware of the pathways CCG Communications to enhanced work on Pathways 	 Positive feedback is received from service users, carers and professionals Ensure pathways improvements are captured in the updated Harrow SEND 'Local Offer' (services up to 25 years). 	Harrow LA and CCG Commissioning
		 Pathway reviewed for all ages to meet the North West London Transforming Care programme for people with Learning disabilities and autism Local step-down service from Specialist Commissioning successfully undertaken Joint Health and LA panel supporting step-down Regular review with all progress and actions reported to the NWL TCP Implementation Group and TCP Executive 	partner agencies including the voluntary sector for Complex and Challenging behaviour	Harrow CCG

		Develop CAMHS Care pathways for the most common presentation in 2017/18 driven by the CAMHS Clinical Effectiveness group.	 Review CAMHs pathways to ensure they continue to improve access support the principles around brief interventions and give clarity for when review, discharge or a change in approach may need to take place Assess impact on CAMHS waiting times 	Harrow CCG
2.2	Support the implementation of the Special Educational Needs and Disabilities (SEND) transformation plans to prepare young people for adulthood, into training, employment and volunteering opportunities	 Work jointly to review and update transition protocols and pathways. Ensure the SEND preparing for adulthood plans and protocols are aligned to this plan. Improve access to Supported Internships, Inclusive Apprenticeships and other interventions for those with special educational needs'. 'To enable all individuals to progress and engage in a full working life, improving their economic and health prospects and promote their independence. 	 Young people with SEND their families and carers have access to information and support in their preparation for adulthood Initiative is to support young people into paid employment (under 25). To transform their lives, maximise their life opportunities, encourage, sustain their independence and reduce costs of support 	LA commissioners
2.3	Ensure transition process pathways are in place; transition commences early and is seamless for young people, older adults, their families, parents and carers.	 Ensure the transition process commences early and is seamless for young people, their families, parents, carers and older adults Review, update and implement transition protocols and pathways including development of easy read versions 	 Protocols and pathways are in place to support early planning for transition into services General transition for all ages and condition is improved 	CCG/LA/other professionals

 Dynamic Risk Register established with multidisciplinary team including: HCCG (Joint Chair) HLA (Joint Chair) CNWL (CLDT) CNWL (CAHMS) LA (Education) LA (CYAD) HCCG Children's and Adult Safeguarding 	 Meetings take place monthly to review actions and outcomes to manage complex and out of hospital cases. 	CCG/LA/other professionals
 Transition Planning Group Pilot launching to ensure Education (SEN), Harrow CYAD, CAMHS and Harrow CCG are initiating and monitoring clear transition plans for all 16 to 18 year olds. 	Planning Group Pilot and the mainstream the approach.	Head of Service for Children and Young Adults 0-25 Disabilities Service and specialist Learning Disability Care. SEND service manager

3. Su	ipport			
3.1	Ensure access to clear accurate and consistent information and advice. Ensure materials are produced in easy read format	Clear accurate information and advice is available including in easy read format and signposting to existing services	• People with LD or autism have the information they need when they need it to remain as independent as possible	LA and CCG Commissioners Voluntary sector partners
		 Signposting to autism aware/specific services/provision must be in place. 	 Feedback from HP4DC and families 	LA and CCG Commissioners Voluntary sector partners
		HP4DC to test links on the website and review quality and accessibility of information on the Local Offer	Feedback from HP4DC	LA & HP4DC
		Liaise with Prospects regarding reduction in NEET	 Analyse monitoring data on NEET 	LA
		Develop a communication plan for families and professionals	 Monitor and review Communication plan 	LA and CCG Commissioners
		Harrow CCG commission Mencap to develop service users (all ages) and carers' knowledge and understanding of how to access health services and self-manage conditions, when possible. The service will improve the knowledge and understanding of people with Learning Disabilities and their carers awareness of:	On-going review to ensure improvement to continue through 2018/19	Harrow CCG
		 health issues and services how to access health services how to self-manage health conditions, if appropriate how to raise concerns and complaints 		

		Harrow CCG website link to Harrow SEND 'Local Offer' in place.	 All health and voluntary sector providers to regularly update their contributions to the published (LA website) Harrow SEND 'Local Offer'. 	LA and CCG Commissioners Voluntary sector partners
3.2	Improve the involvement of people with autism and learning disabilities and their carers in the development of services	 Develop mechanisms to improve how we engage and involve learning disability and autism service users and carers for co- production, shaping and service design 	• LD and autism services commissioning and service development is consistently informed by service users, carers and families' views.	LA and CCG Commissioners Voluntary sector partners
		• Engagement Events have been organised and well attended by the Carers and Users supported by Harrow Mencap.	Develop an Engagement and Co-Production Action Plan with Harrow local authority for young people with LD and ASD.	Harrow CCG
		 The Head of Commissioning for MH and LD at HCCG has attended User and Carer Forums in Harrow community centres to address issues and seek views on service performance and developments. HCCG, HLA, Harrow Mencap and Carers representative are currently developing a service support model to aid existing services. Executive leaders of Harrow Mencap, Harrow MIND (Service User Facilitator), and Harrow Association of Disabled People all sit on the HCCG Local Performance and Quality Group. The group provides scrutiny of the commissioning intentions and performance with the CCG on LD and MH in Harrow. 	HCCG will continue to work in partnership with key stakeholders in Learning Disability and Autism ensuring full involvement by service users and carers in the form of co-production to shape and design services.	Harrow CCG

3.3	Work with the CCG and providers to improve access to psychological therapies (incl. counselling) for people with learning disabilities or autism	• Continue to work with providers to increase access to services for depression, anxiety, counselling, CBT etc. for children young people and adults	 Support is available. People are informed and are able to access services in a timely way LA, CCG commissioners and Providers
	Ensure the pathway into specific counselling for people with autism are available and easily accessible	 Work jointly to deliver 'Children in Mind' local plan and priorities 	Review and monitor 'Children in Mind' local plan and priorities
		Develop and implement clear pathways into services	Test and review pathways into services with ongoing monitoring LA, CCG Commissioners and professionals
		Review clinical psychology support services for children and young people with ASD and behavioral issues.	 Psychology resource is available to provide advice on the management of psychological issues and behavioral difficulties LA, CCG Commissioners and professionals
		Draft a business case to develop this provision	
		 Make data available on the numbers of people with learning disability and autism accessing psychological therapies, so that access can be monitored. 	

3.3	Work with the CCG and providers to improve access to psychological therapies (incl. counselling) for people with learning disabilities or autism Ensure the pathway into specific counselling for people with autism are available and easily accessible	 Talking Therapy services are available for adults through 'improve access to psychological therapies' (IAPT) including counselling services with our local specialist provider. Access to the service is through CNWL (main provider), Harrow MIND and Harrow Carers. Self-referrals and referral through your GP can be used to access the service. 	Improve awareness of IAPT services via CCG and LA Comms.	Harrow CCG
		 Specialist support is available for adults with Learning Disabilities and Autism. Harrow does take referrals for people with Mild Learning Disabilities that show levels of recovery. Not all referrals for Learning Disabilities meet 'caseness'. People with moderate learning disabilities will be signed posted to services secondary and higher level support. The CAMHs transformation monies fund the specialist social worker posts to work with children, young and families to access services as early as possible 	Update information on CCG health services page	Harrow CCG

3.4	Develop adequate supply of supported and independent living accommodation locally for people with LD and autism	• Develop Harrow's strategic plan for vulnerable people and implement the NHS National Transforming care Plan to create more local supported housing and independent living provision for people with LD, autism and low level needs.	 Reduced reliance on costly traditional residential or nursing placements Increase the number of people with LD and or autism to integrate and feel part of the community 	LA Commissioners CCG and CNWL to update Transforming Care Agenda
		Develop in partnership with housing, voluntary sector and private providers	 A good range of supported/independent living accommodation options are available locally to support people to move through services as their needs change 	Service managers Housing managers
		• Explore the range of appropriate assisted technology and telecare as part of a package of care available and increase take-up	Increased housing options are available for people with LD and autism	LA and CCG Commissioners

4. Acc	ess to the community		
4.1	Work jointly to ensure services make 'reasonable adjustments' to their practices that will make them accessible and effective for people with learning disabilities or autism	 Work with health commissioners and providers to implement and monitor the Green 'Light Tool Kit' to ensure providers make reasonable adjustments to their practices to improve access. CNWL have incorporated actions for Reasonable Adjustments into the Green Light Tool Toolkit (GLT) where outcomes were monitored by HCCG and LA. Rag rated RED: Evidence of reasonable adjustments in service provision to meet the needs of these individuals. More people with LD and autism will say access to services have improved Continue to monitor outcomes Continue to monitor outcomes GP surgeries and other health providers are aware of what is required to apply reasonable adjustments for all ages. 	a Commissioners with providers
		 Support local community and leisure services and other services such as GP surgeries, Job Centre plus and employment agencies to apply reasonable adjustments to ensure people with LD and autism are able to access services Positive feedback from service users and carers LD and autiproviders 	tism services

4.1		Equalities:	Psychological therapies:	Harrow CCG
		 LD Flag had been added to people with solely a definition of Asperger's Syndrome. There was a difficulty recording Reasonable Adjustments on JADE (IT functionality). Requests are made that reasonable assessment are linked to the Initial H&S Care Assessment. CNWL Staff routinely add an LD flag on JADE when a PWLD or Autism is admitted to the wards, or case opened to a community team. 	 Lack of facility to demonstrate adjustments to clinical interventions. LD was a standing agenda item (2016) on monthly ward meetings in order to highlight reasonable adjustments and good practice 	
		• People needing personal care: Continue to ensure care plans and assessments are completed in a timely manner, such needs are clearly stated, and appropriate enhancements to care provided. Reasonable adjustments are made as appropriate to ensure the needs of PWLD or autism are met as evidenced in good practice examples.	• Review and modify how effectiveness of reasonable adjustments is reported to the Board and Monitor through (Lead for LD, LD Champions). Satisfactory questionnaires available for service users and family members.	
4.2	Identify opportunities to increase employment and training for people with autism or learning disabilities to promote independence	Develop local hubs to provide information, advice, guidance training and support into employment	 More people with LD and autism accessing training and employment opportunities 	Commissioners

4.2		 Develop a plan to increase access to resources to support people into employment including: job coaches,voluntary sector support and providers LA employment support Job Centre plus. 	 More people with LD and autism in paid employment 	Community providers and Job Centre plus
		 Put employment at the forefront of day opportunities and care management 	 Monitoring via number of young people in paid employment 	Commissioners
		 Develop and agree an approach on developing employment opportunities within the council and external partners. 	 Monitoring via number of young people in employment opportunities 	LA employment support Council teams
4.3	Improve support for people with autism and learning disabilities who have contact with the criminal justice system, in particular better access to an appropriate adult	 Work with criminal justice sector to improve awareness of learning disabilities and autism. Identify and develop a pool of trained appropriate adults. 	Training professionals within the Youth Offending service and within the Criminal Justice Sector	LA, CCG and professionals within the Criminal Justice Sector

4.3		 Harrow CCG worked with Specialist Commissioning covering Medium and Low Secure Care. The Focus team provides services at the local level. HCCG has been moving service users to local services under TCP where assurance can be made for better access to appropriate adult services for LD and autism. Diversion scheme in place with Harrow Youth Offending Service to ensure young offender's needs are recognised. 	• We will continue to work with specialist commissioning in this area to develop plans for 2018/19.	Harrow CCG
4.4	Improve access to community health initiatives	 People are aware of and are able to access health promotion initiatives to improve general health and wellbeing. 	 Work with Public Health Commissioners to promote initiatives specific to Learning Disability and Autistic citizens to include prevention and resilience agenda. 	Public Heath Commissioner

5 Auti	5 Autism Specific				
5.1	Continue to extend autism awareness training across health and social care, particularly in primary and mental health care	Review current programme. Undertake audit of trained providers who could undertake training i.e. voluntary sector PPGs	 Increased numbers of staff in health and social care receive autism awareness training 	LD and autism Service Managers	
		 LA has commissioned the Centre for ADHD and Autism Support Services to train all practitioners in Adult Social Care and Children's Services between July 2017 – March 2019 	 Through quarterly monitoring of statistical data and feedback from delegates. Feedback from professionals through various methods of communication. 	LA Commissioners	
		• Extend the autism awareness training across health. To be followed up as an action for 2018/19	To be followed up as an action for 2018/19	Harrow CCG	
5.2	Increase the number of health and social care staff with specialist autism training across all appropriate statutory agencies	 Identify funding and develop and implement a training programme to increase training to GPs, staff in acute settings, community health services and other front line specialist health services. 	 Specialist staff are increasing autism aware and are able to deliver improve assessments and support 	CCG and LA commissioners LA and service providers	

		 HCCG's main provider under took to set up LD/Autism training for their staff in 16/17 (Trust-wide and Harrow based). Staff attending Autism Awareness and Adaptive Practice training organised in Feb, March, April and May 2016. LD awareness e-learning training is mandatory for all staff. 	 Review training needs in 2018/19 identify gaps for delivery. Training needs to be on-going and more LD and Autism training to be offered to Primary care including CNWL 66 people attended Autism Awareness training in Feb & March 16 	Harrow CCG
5.3	Increase the uptake of diagnosis and support for parents and carers of preschool children with autism	 Ensure the parents of preschool children with autism are of the pathway for diagnosis and available support Increase PVI/Childminder awareness in autism in order for the PVI to know when to make a referral to Harrow Early Years, Area Senco to support setting 	 Early identification and support in place Portage service Early identification and support plan in place for child. Smooth transition into school with appropriate support identified (early summer term) 	(CCG and LA commissioners) Early Years Lead Officer Early Years Lead Officer
		 Provide termly Senco forums for PVI Senco's. Provide regular SEN training/signposting system 	 Senco's having up to date knowledge on the referral system. Senco's will have the tools to signpost parents to the relevant support Measure impact of training 	Early Years Lead Officer Early Years Lead Officer

		• Ensure EY Support plan is in place for child within setting and reviewed half termly	 Visits and/or telephone contact to monitor progress of child, impact and strategies used 	Early Years Lead Officer
		Tiered referral system in place	Not in place at present due to lack of resources	Early Years Lead Officer
		Setting to refer to relevant professionals to support child such as Pediatrics / EP service / OT (subject to parental permission	Child has relevant support in place (with parental permission)	Early Years Lead Officer
5.4	Develop access to local daytime, evening and weekend activities for people with autism.	• Map local resources and identify existing local centres which could be adapted and extended to provide appropriate activities resources.	Access to local community resources and activities for people with autism are increased	LA commissioners
		 Identify and train supporters for adults with autism into mainstream provision/places 	 Monitoring training outcomes of providers. Improve the quality assurance of services and ensure good quality of standards. 	Autism leads for LA, CCG and CNWL.
		 Short breaks provide a range of activities in community settings and on an outreach basis after school at weekends and during school holiday periods 	Feedback from service users on the services accessed including via Harrow Parents 4 Disabled Children. Quarterly monitoring of contract.	LA commissioners

5.5	Ensure professionals in the criminal justice system receive autism awareness training	Scope and develop a list of autism awareness trained appropriate adults.	Pool of trained appropriate adults are available to support those who come in contact with the criminal justice system Circulate list to relevant services in the LA, voluntary sector and CCG	LA & CCG (Mark) – to review and update
		Requires progressing: Complete in 2018/19	 Scope jointly with the LA children commissioners and develop a list of autism awareness trained appropriate adults. 	LA & CCG
5.6	Ensure the LA has clearly identified strategic autism lead who has an interest in autism and that they are able to be contacted.	Ensure role is maintained in the LA	Autism lead in place	Head of Service for Children and Young Adults 0-25 Disabilities Service and specialist Learning Disability Care.
5.7	Ensure smooth transition to appropriate older people's services 0-19 (25) Adult Up to 65+ and over	 Map the types and quality of support provided to people aged 65 and over. Develop a strategy to improve transition 	 Transition process is smooth and improved People aged 65 and over with LD or autism receive 	Social care management, CCG and LA Commissioners LA commissioners
		 transition. Pilot a Dynamic Risk Register to identify and support young adults in transition 	 Monitoring via the Dynamic Risk Register panel 	LA and CCG commissioners

Currently most of this client cared for in Continuing Care Transition period should be fluid as they are usually kno services especially LD servi	re. transition and health plans LA e more are developed separately. own to Systems are moving to
---	--

6. Lear	6. Learning Disabilities Specific				
6.1	• Joint working between Harrow Council and the CCG to review, develop and improve pathways/ access to health screening programmes and ensure health passports are available to people with learning disabilities	Develop & implement clear diagnosis pathways into specialist services for people with LD and specifically for people with mental health issues which is an identified gap	 Pathway in place for children, young people and adults with learning disabilities and with or without mental health issues 	Harrow LA and CCG Commissioners Service providers	
		Increase uptake of health checks and health plans with specialist teams to prevent hospital admissions	 Screening and referral to assessment services are undertaken in a timely manner ensuring individual needs are identified at the earliest point possible. 	CCG Commissioners	
		 Develop Health Passports - Health passports are a priority Communication plan to be developed to roll out the Health Passports Raise awareness of the Health Passports within the Community Training for professionals to roll out the use of Health Passports 	 Review and monitor data and refresh where appropriate Monitor the usage of the Health Passports Monitor the number of professionals trained on Health Passports 	Harrow LA, CCG Commissioners and Voluntary Sector	

		 Develop & implement clear diagnostic pathways into specialist services for people with LD and specifically for people with mental health issues which is an identified gap. 	 Dynamic Risk Register and crisis care pathway in place. Crisis Care Pathway tested for young people in April 2018 	Harrow CCG, LA, and lead at Northwick Park Hospital
6.2	Provide respite for eligible carers and support for older carers	 Identify carers with learning disabilities and older carers and arrange for carers assessments. This will be incorporated in the Carers Strategy in Autumn 2018 Ensure information on carers support is available in easy read format 	Carers are supported in their caring roles and enabled to have a life outside of caring	LA Head of Service LA and CCG Commissioner

6.3	Ensure good outcomes and value for money services are delivered for people with learning disabilities and mental health issues	 Continue to review Learning Disability and Adult Mental Health placement processes with the Local Authority. Reviews through the use of joint panels are being implemented. This approach needs to be imbedded so that all placements are regularly reviewed. In the past, cases were agreed with a 50/50 split which is now being reviewed in line with the proposal to implement a matrix model. 	 Services are continuously improved Review process to continue annually or sooner if there are changes in legislation 	Harrow CCG Commissioners CCG commissioner via STP
		 Regular review of LD and MH children and young people 	 LD and MH placement are regularly reviewed via the Dynamic Risk Register and joint funding panels 	LA ,CCG Commissioners and Service Managers